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# LongTermCare.gov

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# Who Pays for Long-Term Care?

**COSTS & WHO PAYS** 

# The facts may surprise you.

Consumer surveys reveal common misunderstandings about which public programs pay for <u>long-term care services</u>. It is important to clearly understand what is and isn't covered.

## **Medicare:**

- Only pays for <u>long-term care</u> if you require skilled services or rehabilitative care:
  - In a <u>nursing home</u> for a maximum of 100 days, however, the average <u>Medicare</u> covered stay is much shorter (22 days).
  - At home if you are also receiving skilled home health or other skilled in-home services. Generally, <u>long-term care services</u> are provided only for a short period of time.
- Does not pay for non-skilled assistance with Activities of Daily Living (ADL), which make up the majority of long-term care services
- You will have to pay for long-term care services that are not covered by a public or private insurance program

### **Medicaid:**

- Does pay for the largest share of long-term care services, but to qualify, your income must be below a certain level and you must meet minimum state eligibility requirements
- Such requirements are based on the amount of assistance you need with ADL
- Learn more about Medicaid coverage for long-term care
- Other federal programs such as the Older Americans Act and the Department of Veterans
   Affairs pay for long-term care services, but only for specific populations and in certain circumstances

#### **Good To Know**

Like public programs, **private sources of payment have their own rules**, eligibility requirements, copayments, and premiums for the services they cover.

### **Health Insurance:**

- Most employer-sponsored or private health insurance, including health insurance plans,
   cover only the same kinds of limited services as Medicare
- If they do cover long-term care, it is typically only for skilled, short-term, medically necessary care

There are an increasing number of **private payment options** including:

- Long-term care insurance
- Reverse mortgages
- Life insurance options
- Annuities

*Last modified on 05/10/2022* 



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